

FRESHER'S WEEK 2011

FUN FITNESS

VENUE: University Sport Hall

TIMETABLE: Monday 3rd October
11.30am - 12.30pm (Fitness Session)

Tuesday 4th October
9.15am - 10.15pm (Boxing)

Thursday 6th October
11.30am - 12.30pm (Salsa Class)

Friday 7th October
12.30am - 1.30pm (Cardio Fitness)

 **2326 6000**

Register here to participate
or on the stand.

 Health Promotion & Disease
Prevention Directorate

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