



# PrEP Yourself

PrEP (pre-exposure prophylaxis) is a way for people who do not have HIV to help prevent HIV infection by taking a pill. When someone is exposed to HIV through sex, PrEP can help stop the virus from becoming infected infectious.



## 01 Is PrEP right for you?

Consider PrEP, if you tested recently and are HIV-negative and:

- have an HIV-positive partner
- have multiple partners
- a partner whose HIV status is unknown
- you don't always have sex with a condom \*
- recently had a sexually transmitted infection

## 02 Find out if PrEP is right for you ?

Speak to the GU clinic team. For you to start PrEP you need a prescription from your doctor. If you take PrEP, you need to get tested for HIV every 3 months. Do not miss follow up appointment with your doctor.



\*PrEP only protects you against HIV and not to from other STIs. Always use condoms during sex to protect yourself together with PrepPrEP.



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