

You can
Stop

We can
Help

Call
Us

QUIT LINE
8007 3333
FREE SMOKING
CESSATION SUPPORT



It's never too late
to quit smoking!

Get free one-on-one
support in person,
online, or by phone.
Call 8007 3333 or visit
hdp.gov.mt to start
your journey today!

Let's do this together!

Healthier choices,
Happier you!

DO YOU WANT
TO STOP
SMOKING?

WE ARE HERE TO HELP!



“

After 25 years of smoking, I never thought I could quit. The smoking cessation facilitator was understanding and supportive!

Ronald, 46

”

“

I can't believe I managed to stop smoking. I feel better than ever. If I can do it, everyone can.

Michael, 62

”

“

Deciding to quit smoking was the best decision I've ever made. The one-on-one support helped so much!

Sara, 32

”

“

Your success story belongs here.

”

Let us help you write it.

